

Affiliation Clinical Psychologist/Investigator

Clinical Neuroscience Solutions, Inc.

5200 Belfort Road, Suite 420, Jacksonville, FL 32256

2014 - Present

Professional Training and Experience:

Psychologist, The IMA Group, Jacksonville, FL, July 2013-2014

Assessment: Performed a range of assessment measures, including intelligence, aptitude, cognitive functioning, and general assessment testing, to determine eligibility for government services

**Psychologist,** University of North Florida Counseling Center, Jacksonville, FL, S Sep. 2010-June 2013

Brief Therapy: Provided brief therapy, incorporating elements of cognitive/ linguistic theory, object-relations theory, and self-psychology to a diverse population

Long Term Therapy and Case Management: Provided long-term therapy and case management services to client with more severe pathology and/or limited resources

Group Therapy: Co-facilitated interpersonal process groups and didactic social anxiety groups

Crisis Care: Managed both walk-in crisis situations as well as monthly on-call rotations

Web Committee Chair: Managed the Counseling Center website and social media use

Supervision: Supervised master's level clinicians

Adjunct Professor, University of North Florida, Jacksonville, FL, May 2012-June 2013

Courses taught in the Master of Science in Clinical Mental Health Counseling: Theories in Clinical Mental Health Counseling; Assessment and Evaluation in Mental Health Counseling

Courses taught in the undergraduate psychology program: Abnormal Psychology



### **Education:**

2010 Psych. D in Clinical Psychology, Wheaton College, Wheaton, IL

2006 M.A. in Clinical Psychology,

Wheaton College, Wheaton, IL

2004 B.A. in Psychology,

Wheaton College, Wheaton, IL

License/

Accreditation: State of Florida, Psychologist: License #PY8496

### **Professional Presentations and Outreach:**

Mental Health Awareness Week Open House University of North Florida, Oct. 2011 and Oct. 2012 Provide program to decrease stigma of mental health issues and services

Tolerating Spiritual Differences
University of Central Florida, Sept. 2009 and Feb 2010

Missing Home, Making Friends, and Connecting to Campus University of Central Florida, Oct. 2009 Adjusting to college life, homesickness and building new relationships

I've Got the Blues: A Discussion of Depression on College Campuses University of Central Florida, Feb. 2010

The History and Use of Diagnosis and the Psychodynamic Diagnostic Manual University of Central Florida, Jan. 2010

The modern history of diagnosis in psychology, theoretical differences across diagnostic systems, and core principles for the use of the Psychodynamic Diagnostic Manual

About Marriage: Assessing Your Marriage and Learning How to Manage Marital Conflict

Cornerstone Christian Church, Glen Ellyn, IL, June 2008

Understanding marriage along five axes; developing stronger coping skills for handling marital conflict.

### **Population Experience:**

Children & Adolescents: Over eight years clinical psychiatric experience including individual/group psychotherapy, cognitive and personality assessment; diagnoses include Mental Retardation, Learning Disorders, Motor Skills Disorders, Communication Disorders, Pervasive Developmental Disorders, ADHD and Disruptive Behavior Disorders, Tic Disorders, Substance Abuse/Dependence Disorders, Psychotic Disorders, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, Dissociative Disorders, Eating Disorders, Impulse-Control Disorders, and Adjustment Disorders.

Adult: Over eight years clinical psychiatric experience including individual/group psychotherapy, cognitive and personality assessment; diagnoses include adjustment disorders, anxiety disorders, attention-deficit & disruptive behavior disorders, bipolar disorders, depressive disorders, eating disorders, impulse-control disorders, learning disorders, personality disorders, psychotic disorders, sleep disorders, and substance abuse/dependence disorders.

*Geriatric*: Over eight years clinical psychiatric experience including individual/group psychotherapy, cognitive and personality assessment; diagnoses include adjustment disorders, anxiety disorders, bipolar disorders, delirium, dementia (including Alzheimer's type), depressive disorders, personality disorders, psychotic disorders, and substance abuse/dependence disorders.

Clinical Skills:

Psychiatric & Psychological Evaluations, Medical Histories, Vital Signs (including orthostatic blood pressure), ECG, Height, Weight, Body Mass Index, Administration of Informed Consent, Patient Education, Medication Administration and Documentation

### Ratings Experience:

Activities of Daily Living Inventories, Alcohol Screening Test, Auditory Verbal Learning Test, BECK Anxiety Scale, BECK Depression scale, Children's Depression Inventory (CDI), Columbia Suicide Severity Rating Scale (CSSRS), Conner's Rating Scales, Geriatric Depression Rating Scale, Global Assessment of Functioning Scale (GAF), Hamilton Anxiety Scale (HAM-A), Hamilton Depression Scale (HAM-D), HEA, Hospital Anxiety and Depression Scale (HADS), Inventory of Depressive Symptomatology (IDS), Liebowitz Social Anxiety Scale (LSAS), Mini-mental State Examination (MMSE), Montgomery Asberg Depression Rating Scale (MADRS), Pittsburg Sleep Quality Index (PSQI), Quality of Life in Depression Scale (QLDS), Quality of Life Scale (QLS), Quick Inventory of Depressive Symptomatology (QIDS), Structured Interview Guide for Hamilton Depression Scale (SIGH D), Structured Interview Guide from Hamilton Anxiety Scale (SIGH A), Young Mania Rating Scale (YMRS), R. BANS, Trail Making Test A & B, Wechsler Adult Intelligent Test (WAIS-III), Wechsler Intelligence Scale for Children (WISC), Wechsler Individual Achievement Test (WIAT), Woodcock Johnson,



Wechsler Adult Short Intelligence Test (WASI), Brown ADD Scales, Rorshach (Exner Scoring System), Minnesota Multiphasic Inventory-II (MMPI-II), Minnesota Multiphasic Inventory - Adolescents (MMPI-A), Millon Clinical Multi-Axial Inv. III (MCMI), Personality Assessment Inventory (PAI), TAT (Thermatic Apperception Test), Behavior Assessment System for Children (BASC), (Clinician Administered PTSD Scale for DSM-IV (CAPS), PTSD Checklist (PCL) - Civilian, Specific, and Military versions, Impact of Events Scale (IES), Trauma Symptom Inventory (TSI), Center for Epidemiological Studies – Depression (CES-D), Conner's Continuous Performance Test (CPT), Adult ADHD Self-Report Scale, PTSD Symptom Scale (PSS) - Interview and Self-Report, SF-36 & SF-12 (Short) Health Survey, Combat Exposure Scale (CES), The Mississippi Scale for Combat-Related PTSD, Posttraumatic Cognitions Inventory (PTCI), AUDIT-C, Addiction Severity Index (ASI), Child Behavior Checklist, Myers-Briggs Type Inventory (MBTI), Posttraumatic Diagnostic Scale (PDS), Structured Clinical Interview for DSM-IV TR Axis I Disorders (SCID), Structured Clinical Interview for DSM-IV TR Axis II Personality Disorders (SCID-II), SCID-Clinical Trials Version (SCID-CT), Quality of Life Inventory (QOLI), Neurobehavioral Symptom Inventory (NSI), Mini International Neuropsychiatric Interview (MINI), Schedule for Affective Disorders and Schizophrenia for School-Aged Children (K-SADS)